



Need to Talk to Somone Now?



All Safe helpline services are:

anonymous, confidential, and tailored to support members of the DoD community and their loved ones affected by sexual assault.



Military OneSource from the Department of Defense is your 24/7 gateway to trusted information, resources and confidential help. When MilLife happens, it's your "first line of support" — giving service members and military families tools to stay well and thrive.

***MilitaryOneSource is a Mandatory Reporter.**



The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs (VA) responders.

Military
Crisis
Line



The Military Crisis Line is a free, confidential resource for all service members, including members of the National Guard and Reserve, and Veterans, even if they're not enrolled in VA benefits or health care.



The 988 Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.